

Allergy & Health Solutions Center
Client Information Form

Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Cell Phone: _____ Home Phone: _____ Work Phone: _____

Email: _____ Occupation: _____

Age: _____ Birthdate: _____ How were you referred to us? _____

Why are you here? _____

Are you currently experiencing: ___Pain ___Illness ___Fatigue ___Weight Gain or Loss ___Cancer ___Other _____

When & Where did symptoms begin? _____

What steps have you taken for relief? _____

Have you consulted a Physician for medical diagnosis? ___No ___Yes, Name: _____ Date: _____

Specify diagnosis, treatment, recommendations prescribed: _____

Please list all prescription & over-the-counter medicines that you take: _____

Do you take: ___Vitamins ___Hormones ___Dietary Supplements ___Herbal Remedies ___Laxatives ___Antacids ___Fiber ___Other _____

If yes, please specify: _____

Are you allergic to: ___Medications ___Foods ___Airborne Irritants ___Skin Products ___Other LIST: _____

Have you ever had: ___Serious Accident ___Surgery ___Cosmetic Surgery LIST/DESCRIBE ALL: _____

How many hours per day do you normally sleep? _____ What type of exercise & how often: _____

Do you crave: ___Sweets ___Salty ___Breads ___Dairy ___Spicy ___Other _____

Daily water intake: ___<16 oz ___ 16-32 oz ___ 33-48 oz ___ 49-72 oz ___ >72 oz

Frequency of bowel movements: ___Every Day ___4-6/wk ___2-4/wk ___1 or less/wk Have you ever given yourself an Enema? ___

Do you have: ___Eyeglasses ___Contact Lenses ___Dentures ___Prosthesis ___Internal Metal (i.e. Pacemaker, Bone Pins, Copper IUD, etc other than dental fillings) If yes, please specify _____

How would you rate your overall health: ___Excellent ___Good ___Fair ___Poor ___One foot in the grave

Please describe any physical conditions, ailments, limitations, or concerns the therapists should be aware of: _____

I have listed all known medical conditions and/or physical limitations, and I do hereby certify that the information I have provided is true and accurate. I understand that the information provided and any statements regarding my condition are confidential. Furthermore, I understand that I am solely reliable for any adverse condition or ailments predicted based upon or exacerbated by withholding medical information or failing to consult a physician for treatment. Signature: _____

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Please check ALL symptoms or conditions that apply,
either currently or in the past.

Please mark all locations where you are experiencing pain

GENERAL

- ☐ headaches
- ☐ insomnia
- ☐ loss of weight
- ☐ dizziness
- ☐ fainting spells
- ☐ history of seizures
- ☐ fatigue
- ☐ depression
- ☐ enlarged thyroid
- ☐ double/blurred vision
- ☐ diabetes
- ☐ loss of appetite
- ☐ night sweats
- ☐ hypoglycemia
- ☐ hiatal hernia
- ☐ unexplained weight loss
in the last six months

CARDIOVASCULAR

- ☐ high blood pressure
- ☐ hardening of arteries
- ☐ angina (chest pain)
- ☐ poor circulation
- ☐ rapid heart beat
- ☐ irregular heart beat
- ☐ congestive heart failure
- ☐ swelling of ankles
- ☐ varicose veins
- ☐ heart attack
- ☐ stroke
- ☐ distended/bulging veins

MUSCLE/JOINT

- ☐ arthritis
- ☐ bursitis
- ☐ low back pain
- ☐ neck pain
- ☐ swollen joints
- ☐ injuries Where?
- _____
- _____
- ☐ other pain Explain _____
- _____
- _____
- _____

GASTRO-INTERNAL

- ☐ colitis
- ☐ constipation
- ☐ diarrhea
- ☐ Crohn's disease
- ☐ Ulcerative Colitis
- ☐ Diverticulitis
- ☐ gall bladder disease
- ☐ hemorrhoids
- ☐ fissures/fistulas
- ☐ rectal bleeding
- ☐ mucus in stool
- ☐ vomiting of blood
- ☐ candida
- ☐ liver trouble
- ☐ Cirrhosis
- ☐ Cancer

GENTO-URINARY

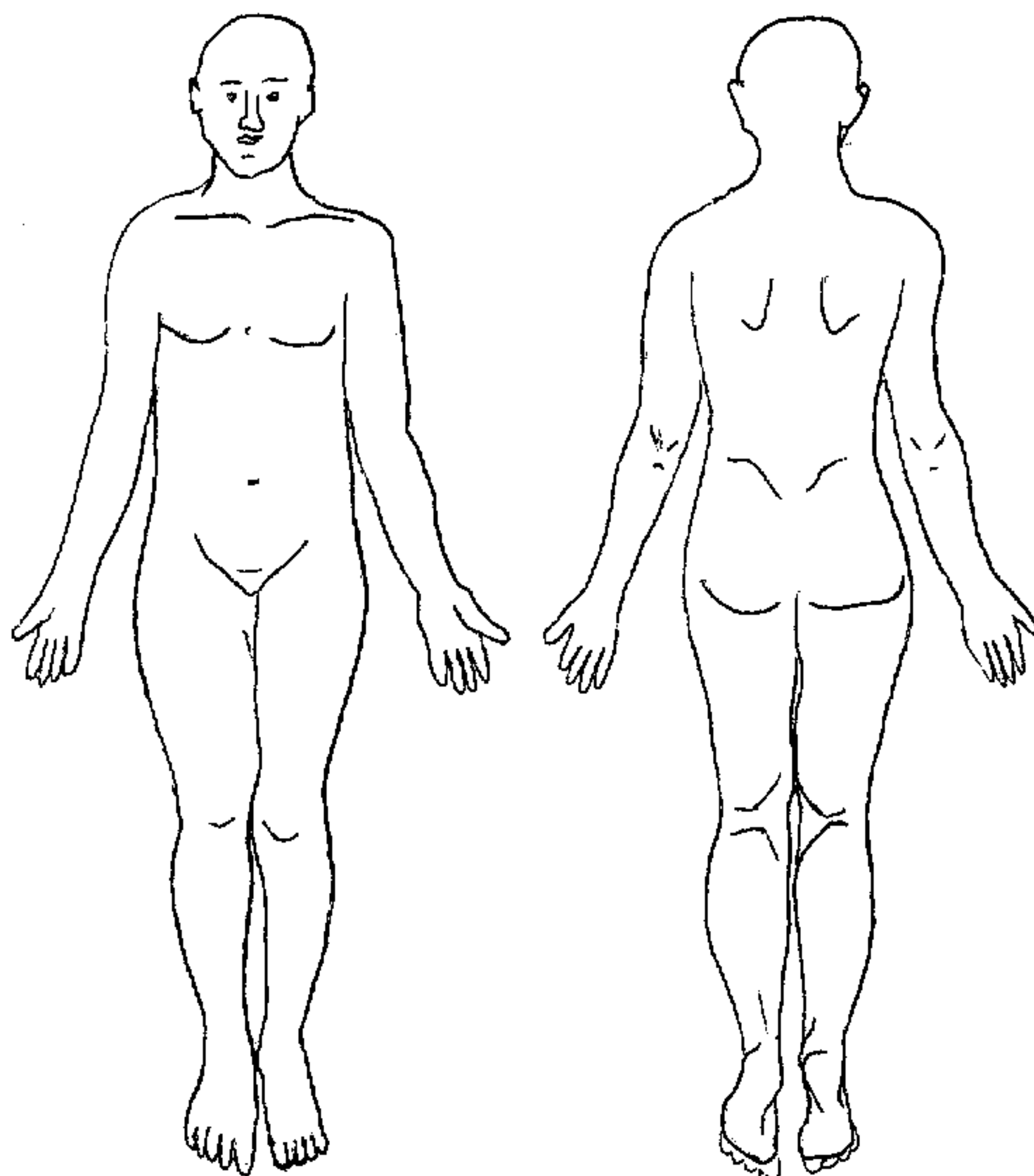
- ☐ kidney infection/stone
- ☐ painful urination
- ☐ prostate trouble
- ☐ kidney failure

RESPIRATORY

- ☐ shortness of breath
- ☐ chronic cough
- ☐ emphysema
- ☐ bronchitis
- ☐ asthma/wheezing
- ☐ sinus/sinusitis

SKIN

- ☐ bruise easily
- ☐ dryness
- ☐ family history of
colon cancer
- ☐ itching
- ☐ rash
- ☐ acne
- ☐ skin allergies
- ☐ open wounds
- ☐ skin eruptions
- ☐ other Explain _____
- _____
- _____



NO CALL/NO SHOW POLICY

Our services can best be described as
low volume & high quality
We schedule our clients so that they receive maximum
care with minimum waiting.
Each & every appointment space is important.
As a courtesy to all, we do not overbook.

We charge IN FULL for missed appointments.
This policy is necessary to maintain the high
professional standards we practice
& to keep our prices down.

I acknowledge that I have been informed of the
full-service charge for missed appointments.
I agree to honor & adhere to this policy.

Client Signature

Date